

WellPlay Inc. offers
Performing Arts Workshops
for children with developmental disabilities
SUMMER/FALL 2011

Developed by Dr. Michael A. Pizzi, OTR/L
Occupational therapist and professional actor

Workshops are being offered for children with **developmental disabilities and physical challenges** focusing on the use of the performing arts to enable participation, increase self esteem and develop social, motor and other daily life skills.

Our workshops introduce your child to warm-ups, improv games, character building exercises and age appropriate script work . This interactive, non-competitive program is structured so the students work with each other to build social confidence.

Inclusion and providing opportunities for ALL children is our mission.

The arts, particularly the performing arts, assist in the development of the child in emotional, physical, social, intellectual and psychological areas. The arts programs are non-competitive and focus on developmental and personal growth. Whether on a one to one basis or within a group setting, arts programming can

- (1) assist in social skill building and teach appropriate interactions with others;
- (2) engage children in self expression through a non-threatening medium;
- (3) improves abilities such as Skills for Expressing Feelings, Social Relationship Skills, Organizational Skills, Decision Making, Problem Solving Skills and Conflict Management Skills;
- (4) provides an outlet for creativity, joy and hope;
- (5) engages children in developing collaboration and sharing;
- (6) increase and improve self-esteem

Your child will work with professional actors and therapists for all sessions. There will be 4-5 teachers in each workshop with a maximum of 12 participants !

Objectives:

- To increase childrens' social skills and social confidence and awareness
- To develop creativity
- To increase self esteem and self confidence
- To facilitate individual expression as well as instill a sense of teamwork
- To create a sense of goal achievement
- To develop engagement in meaningful activity

Other objectives that can be realized through this program:

- Invite imagination
- Promote social interactions
- Develop communication skills
- Improve memorization skills
- Increase vocal skills
- Develop sensory skills
- Improve patterns of movement and sequencing
- Promote emotional expression
- Have fun !

Length of sessions: Workshops are 10am-12noon and 1-3pm

Cost: \$69 per child for any workshop (\$25 credit will be provided per workshop that can be used for any other workshop if the one registered for is missed)

Location: 1276 N Wayne St Arlington VA (condo community room that is sensory friendly and quiet) – 5 min walk from Courthouse Square Metro (orange line)

Time: Friday July 15

Saturday July 30

Sunday August 21

Workshop	Friday July 15 10am- noon	Friday July 15 1-3pm	Saturday July 30 10am-noon	Saturday July 30 1-3pm	Sunday August 21 10am-noon	Sunday August 21 1-3pm
All workshops will include music and movement and improvisational acting		For children with autism spectrum disorders only				

Look for our Fall course schedule and please contact us if interested

Our autism and creative, expressive and performing arts programming will also include:

- **private classes for individuals**
- **all day intensive creative and performing arts workshops**
- **siblings workshops**
- **Parent/caregiver sessions to develop creativity in your child and help them with social skill development**

Contact with questions or to register:

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Our motto: Given opportunity, always able